claim 1.

4. (Amended) A solid composition composition of matter, said composition of matter comprising a substance which is solid at room temperature and has a water solubility of 35 wt.% or more at 37°C, a saturated aqueous solution of the substance having a viscosity of 50 mPa·s or less at 37°C, wherein the amount of the composition of matter is 5-99 wt.% with respect to the total weight of the solid composition.

5. (Amended) A solid composition comprising a composition of matter, said composition of matter comprising one or more substances selected from the group consisting of erythritol, trehalose, xylitol, and maltose, wherein the amount of the composition of matter is 5-99 wt.% with respect to the total weight of the solid composition.

Please add the following new claims:

- --6. (New) The composition of matter claimed in claim 1, wherein the substance is a solid at 30°C.
- 7. (New) A process comprising disintegrating the solid composition claimed in claim 4 by administering said solid composition orally to a human or an animal.
- 8. (New) The process as claimed in claim 7, wherein the composition of matter comprises one or more substances selected from the group consisting of erythritol, trehalose, xylitol, and maltose.
- 9. (New) The process as claimed in claim 7, wherein the amount of the composition of matter is 5-99 wt.% with respect to the total weight of the solid composition.
- 10. (New) The process as claimed in claim 7, wherein said orally administered solid composition is in the form of a powder, granule, chewable tablet or shaped product.
 - 11. (New) A process for producing the solid composition claimed in claim 4,